



Health & Safety Standards

Muscat Diving & Adventure Centre is an adventure company specialising in school activity holidays; we have over 15 years of experience in Oman providing a diverse range of school camps and day activities catering for national & international school groups of all ages and abilities. Safety is the first and foremost priority with all of our adventure experiences. All locations and activities are thoroughly risk assessed with staff being fully trained in incident and emergency management. Sites are chosen and the risk management plan includes the nearest emergency care with contact numbers and GPS locations.

Staff undergo annual health and safety training including emergency situations. All staff have current minimum first aid qualifications with some staff maintaining higher rescue and emergency care status including; rescue diver, wilderness first responder, cave rescue specialist, etc. Basic first aid will be on hand at all times, carried and administered by staff, and an additional full care first aid kit will be available at all sites. Any medical attention provided will be documented with a report available upon request.

Our comprehensive Standard Operating Procedures and Risk Management Plan meet the highest international standards and are available upon request. We are constantly reviewing, re-evaluating, and updating our risk management plan to improve our internal risk procedures to reflect the highest level of care.

Muscat Diving and Adventure Company follows standards set forth by governing bodies in the United States and United Kingdom (such as the Wilderness Risk Management Conference and the Adventure Activity Licensing Authority).

Safety is a top priority and at Muscat Diving and Adventure Centre, we pride ourselves on being able to provide the best service with the utmost regard for our students' happiness and health.



Interested?
Contact us by email
We always reply!

Concerns?
Questions? Contact
us for information



"Thank you so much for a great Oman trip experience; Greg and Matt made for an excellent crew. All of the students had a great time as guides kept them engaged, entertained and most importantly safe. We will recommend this trip and keep it going for years to come"
Saudi Aramco School, ITS Oman, 2012

"Thank you for making the experience a culturally rich and physically safe one. I am confident that our students have a clearer understanding of Oman and its people due to this 4 day programme."
Nelson File, High School Principal TAISM, Discover Oman, 2012

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